

Troop 165
Boy Scouts of America
Lancaster, Ohio
Sponsored by Fairfield Christian Church



April 2009 Newsletter

Troop Happenings

Congratulations to Christian Herold who completed his Board of Review for the rank of Tenderfoot.

The troop welcome's its newest Scout! Toby Keil, who is also part of Venturing Crew 5, joined the troop on April 6th and is part of the Dragon Patrol.

Parents: Your Help is Needed

We had a close call in March! We very nearly had to cancel our March campout due to a lack of adult volunteers on our campout. We had an awesome group of adult leaders, by far in the Scoutmaster's opinion, the best in Fairfield County. Because of scheduling and work problems, very few of our adult leaders were able to go camping with us. Parents please know that you are welcome and encouraged to camp with the troop. When the monthly permission slips come out, there is a box at the bottom where you can indicate your willingness to come out and support your son and the troop. Come out and relax and enjoy the great outdoors!

Monthly Permission Slips and Camping Fees

If you are intending to go on the monthly campouts, please have your fees and permission slips at the beginning of the meetings on the Monday night that they are due. If you are unable to attend the meeting but plan to go on the campout, please get you money and permission slip to your patrol leader.

Flower Bulb Sale

The flower bulb sale runs until April 25. Collect cash or checks made out to Troop 165. Remember boys you get half of whatever you sell! If you have any questions, contact Mrs. Williams at 654-6487.

Cancellations

Any time a scout meeting or activity is cancelled due to inclement weather, scouts will be notified via their patrol leader. If school is cancelled but the roads clear up and adult leadership feels that there are no safety concerns, we will generally have our meeting as it is the easiest way to hand out and collect permission slips.

Troop Website

Please go to our website www.165bsa.com for more information about Troop 165.

Uniforms

One of the eight methods of successful scouting programs is wearing uniforms. Lately, as a group, the troop could improve when it comes to wearing the proper uniform. As a reminder, Troop 165's field uniform (Class A uniform) includes the neckerchief and slide, Class A shirt, Troop activity shirt (Class B), Scout or olive green pants or shorts, scout belt, Scout hat, and scout socks. Adult Leader uniform includes everything that the boys wear except for the neckerchief. Unless told in advance, the full troop uniform is to be worn at each meeting/outing.

Happy Feet

Got happy feet? Then you'll never notice them during rugged outdoor travels, and that's good. A couple of blisters, though, and the sad state of your heels and toes can suck the joy right out of your day. Preventing blisters is easy with a little planning ahead of time and some common sense while you're on the move. Here's how.

Before a hike, get:

Footwear That Fits - Boots and shoes for hiking need to be the right size. Wearing new footwear around home breaks them in before you're on the trail.

Socks That Absorb - Expert hikers wear heavy socks over thin liner socks. Made of material that wicks away moisture, the liner socks protect your skin if your feet slide a little inside the heavier socks. Carry spare socks, too, so you can change out of those that become damp with sweat or rainwater, or soaked as you splash through puddles and streams.

Armor That Protects - Have a history of blisters? Use moleskin before a hike to shield tender places on your feet. Some hikers have good luck protecting healthy skin with duct tape, too. The slippery face of the tape slides against boots and reduces friction.

While you're on the trail, follow:

Three "No Blister" Rules

These simple rules guarantee almost no blisters:

1. Check for hot spots!
2. Check for hot spots!
3. Check for hot spots!

Stop often, take off your shoes and socks, and examine your feet for redness or tenderness. Those can be warning signs that a blister is starting to form. Reinforce hot spots with moleskin and you'll have a good chance of stopping blisters before they can stop you.

Patching the Damage

Despite your best efforts, a shoe can rub you the wrong way until a hot spot turns into a blister. Take action the moment you notice it.

The classic treatment is to cut moleskin into the shape of a donut and fit the bandage around the blister. That takes pressure off of the injury so that you can continue hiking.

