

1. Plan an overnight at one of the council camps or another camping area. Read chapter 13 "Winter Camping" in the new Field book (fourth edition). You may want to build a troop meeting around this information.
2. Sleep in a tent, tarp, lean-to, or improvised shelter at below freezing temperatures, accumulate 100 Polar Points by camping out-of-doors when the temperature is below 32° Fahrenheit. Earn one Polar Point for each degree below 32° Fahrenheit.
3. While accumulating these points, the camper must prepare, cook and clean-up for three complete well balanced meals as determined by the Cooking Merit Badge. This must be accomplished while the temperature is below 32° F.

*Requirements 2 and 3 must be completed out of doors. No cabin or camper type camping will count. The judging of the meals and score keeping is up to the troop leadership.

*The earning of this annual award can take as long as needed to complete the requirements (over more than one winter if needed). In order to earn this award each program year (earning the program year rocker patch), the campouts that would normally qualify are between October and March.